

ME/CFS Australia (SA) Inc. – List of Past Seminars & Available Videos and DVDs

Last Updated: Nov 2018

Note: Price of videos/DVDs is Members: free to download or pick up, or \$5 to post
 Non-members: \$5 to download or pick up, or \$10 to post (membership is \$5)

Date	Speakers	Topic	Videoed ?	File Types & Sizes
2018				
2018-11-24	Dr. Martin Lewis PhD	Examining Chronic Fatigue Syndrome using biological markers: A comparison of controls and sufferers (<i>Yet to be held</i>)	Y	TBD
2018-08-11	AGM Dr. Mona Kaur	ME/CFS and Gut Health	Y	MP4 3.1GB
2108-06-30	Diana Bordean	Physiotherapist at Younique Health & Wellbeing. What Can Your Physiotherapist Do For You?	Y	MP4 3.4GB
2018-04-10	David Tuller	The PACE Trial	N	MP4 160MB audio+slides
2018-03-24	SGM Carol Hunter	Clinical Psychologist at Rose Park Psychology. Coping Strategies for Patients, Families & Carers Living With ME/CFS	Y	DVD 1.3GB MP4 1.7GB
2017				
2017-11-18	AGM Dr Max Nelson PhD	2 day VO2 Max test (aka 2 day bike test), PhD thesis.	Y	DVD 3.2GB MP4 5.2GB MOD 1.8GB
2017-08-26	Dr. Ros Vallings	(via live video chat from New Zealand) The Invest in ME Conference held in London in June 2017 http://www.drvallings.co.nz/	Y	MP4 1.1GB
2107-06-24	Dr. Richard Kwiatek	Brain structural changes in ME/CFS – recent research findings	Y	MOD 3.3GB
2017-04-08	(Dr.) David Mitchell	What do genes, hormones and supplement insufficiencies have to do with ME/CFS?	Y	DVD 9.8GB MPG/VLC 2.8GB MOD 2.8GB
2016				
2016-11-19	Dr. Rachel Wells	Autonomic Dysfunction	Y	DVD 4.3GB MOV 2.0GB MOD 3.5GB MP4 2.9GB

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2016-08-27	AGM Dr Bruce Wauchope	Proposed new ME/CFS clinic.	Y	DVD 6.4GB MOD 3.4GB
2016-06-25	(1)Dr Ian Buttfield; (2)Max Nelson; (3) Dr Katia Ferrar	(1) ANRES website (MCS); (2) 2-day bike study for PhD; (3) New research investigating active video-gaming for ME/CFS sufferers.	Y	DVD 4.4GB MP4 3.5GB
2016-04-09	N/A	Screening of US documentary <i>The Forgotten Plague</i> .	N/A	N/A
2016-02-20	Dr Katia Ferrar & Minh Pham	UniSA PhD study “Physical activity and time use patterns of adults with chronic fatigue syndrome”.	Y	DVD
2015				
2015-11-14	Dr Tunbridge + AGM	"Is ME/CFS just all in the mind?" MTHFR gene mutation, etc. http://www.petertunbridge.com/		
2015-08-08	Stelios Soutis	Dietician working in chronic disease management in GP clinics, including cooking demonstration.		
2015-06-13	Skye Cibich	Exercise physiologist from Adelaide Exercise Physiology talks about their especially tailored treatments and exercise plans for sufferers of ME.		
2015-02-14	Dr Roger Spizzo	"The Fatigue Spectrum and the Gut."	Y	DVD 1.37GB
2014		Sophia House		
2014-11-22	Dr Susan Cockshell + AGM	Cognitive functioning and ME/CFS		
2014-08-16	Robyn Lingard	Mental health social worker and couple therapist : “Can relationships survive when one partner has ME/CFS?”	Y	
2014-05-31	Julie Peacock	Physiotherapy for ME/CFS and Fibromyalgia.	Y	
2014-03-21	Dr Leighton Barnden	Dr Barnden, Chief Medical Physicist at QEH talks about the ME/CFS brain scan research that he, Dr Richard Kwiatek and others have been working on for some years. Seminar report http://sacfs.asn.au/news/2014/04/04_12_society_seminar_report.htm	N	N
2013				
2013-11-23	Dr Sinclair Bode + AGM	GP Dr Bode discusses his approach to treating ME/CFS.	Y	DVD
2013-08-31	Kaye Kenefick	Exercise therapist and Fibromyalgia educator.		

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2013-07-27	Dr Bruce Wauchope	GP Dr Wauchope discusses causes of ME/CFS.	Y	DVD
2013-03-23	Belle McCaleb	Naturopath Belle McCaleb discusses her approach to treating people with ME/CFS.	Y	DVD
2013-03-02	Dee Campbell	Author and fibromyalgia sufferer talks about her new book, Fibromyalgia Well-Being.	Y	CD
2012				
2012-11-24	Dr R. Kwiatek + AGM	Rheumatologist Dr Kwiatek presents his research on the brain.	Y	
2012-10-27	Dr. Hugh Derham (For ME/CFS WA)	ME/CFS and Lyme	Y	DVD
2012-08-04	No speaker	-	N	
2012-04-28	Melanie Reid	Dietician working with the Southern Fleurieu Health Service – how the large bowel works, FODMAPS, MCS discussion, etc. http://sacfs.asn.au/news/2012/05/05_06_society_seminar_presentation_by_dietitian_mel_reid.htm	Y	DVD
2012-02-04	Dr Stephanie Reuter-Lange	Talks about her doctoral research into acetylcarnitine deficiency in patients with ME/CFS published in 2011. http://www.ncbi.nlm.nih.gov/pubmed/21205027	Y	DVD
2011				
2011-11-03	Dr Ian Buttfield + AGM	Retired physician Dr Buttfield on coping with symptoms of ME/CFS.	Y	DVD
2011-05-07	Support group mtg			
2010				
2010-11-27	Dr R. Kwiatek + AGM	Shifting paradigms in ME/CFS.	Y	DVD
2010-08-28	Brenda McHugh Wilkinson	Grief counsellor talks about relationships and grief, life and loss. "Good grief".	Y	
2010-07-03	(1) Julie Peacock; (2) Phil Calvert	(1) Tailored physiotherapy at Marion clinic; (2) Head of Unit, Orthopaedic Physiotherapy at WCH. Talks about investigating the management of conversion disorder, chronic pain and chronic fatigue syndrome in children and adolescents in the UK.	Y	

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2010-05-08	Peter Taubert; Peter Evans	Toxic effects of common chemicals; MCS Reference Group convened by SA Dept of Health.		
2009		(80 Payneham Rd, Stepney, except Jul 18 th at Sophia House)		
2009-11-07	Dr Ian Buttfield + AGM	Lactic acid research & ME/CFS project. Outgoing President Peter Calahan gives report and farewell speech. http://sacfs.asn.au/news/2009/11/11_08_society_agm_speech.htm	Y	DVD
2009-09-04	Belle McCaleb	Nutritionist. Review of dietary, nutritional and herbal medicine approaches to treating ME/CFS and enhancing health.	Y	DVD
2009-07-18	Liz Vaskin	Psychologist on "Mindfulness meditation and ME/CFS".		
2009-06-13	Dr Ross Philpot	Rickettsia and CFS.	Y	DVD
2009-05-02	John Steele	Disability discrimination lawyer.		
2009-03-07	Ray Zegebros	Member discussion: "What are some of the things that CFS sufferers can do to get better and hopefully continue to get better so that in due course most will recover completely?"		
2008		DIRC		
2008-11-09	AGM Dr Richard Burnet	Peter Calahan's Annual Report: http://sacfs.asn.au/news/2008/11/11_16_presidents_report_agm_2008.htm	Y	DVD
2008-10-04	Katie Behlau	Naturopath.		
2008-08-02	Dr Anne-Marie Southcott	President of Sleep Disorders Association of SA.		
2008-06-14	Edwina Shannon	Occupational therapist.	Y	DVD
2008-05-05	Liana Taylor	Psychologist		
2007				
2007-11-17	AGM (DIRC)	Photos: http://sacfs.asn.au/news/2007/11/11_23_agm_photos.htm		
2007-09-12	Melanie Reid	Dietitian speaks about nutrition. (Stepney) http://sacfs.asn.au/news/2007/09/09_05_meeting_diet.htm http://sacfs.asn.au/news/2007/09/09_11_nutrition_information.htm		

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2007-08-04	Liz Vaskin	A guide to managing CFS by psychologist. http://sacfs.asn.au/news/2007/08/08_07_meeting_photos.htm		
2007-07-07	Dr Andrew Barrie & kinesiologist Tim White	Alternative therapies and ME/CFS. Notes from Dr Barrie's talk on BIOCOM bioresonance treatment – beyond herpes viruses: http://sacfs.asn.au/news/2007/07/07_12_barrie_bioresonance.htm		
2007-??	Prof. Barrie Marmion	Q fever.		
2007-03-25	Dr R Burnet, Dr Abhijit Chaudhuri (UK), Prof Kenny De Meirleir (Belgium), Prof Malcolm Hooper (UK), Dr Daniel Peterson (USA)	Public meeting at Norwood Town Hall. http://sacfs.asn.au/news/2007/03/03_28_meeting_photos.htm http://sacfs.asn.au/news/2007/05/05_02_dvd.htm	Y	DVD
2006				
2006-11-04	AGM	http://sacfs.asn.au/news/2006/11/11_10_agm_2006_photos.htm		
2006-10-14	Drs Kerry Callaghan & Ian Buttfield	Experiences with ME/CFS (crowd of 60!) http://sacfs.asn.au/news/2006/10/10_16_meeting_06_10_14.htm		
2006-08-31	Awareness Day public mtg	First ever video! 4 mins long. http://sacfs.asn.au/news/2006/08/08_31_our_first_video.htm		
2005				
2005-10-22	Public Meeting	Multiple Chemical Sensitivity – Dr Peter Cahalan – President ME/CFS Society, Peter Evans - Convenor SA Task Force on MCS, The Hon Gail Gago, MLC (Lab) – Chair Social Development Committee, The Hon Sandra Kanck, MLC (Dem), Democrats Spokesperson for Health, The Hon Michelle Lensink MLC (Lib) – Member, Social Development Committee.	Y	DVD
2005-07	Dr Richard Kwiatek, Dr John Graham, Dr David Gillis	New light on ME/CFS. Reports on the Adelaide Forum for Researchers & Clinicians	Y	DVD

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2005-06	Dr Kenny De Meirleir (Belgium)	A Review of Worldwide Research and Management of ME/CFS	Y	DVD
2005-03-25	Dr Bruce Curruthers (ex ME/CFS Norfolk UK)	Uncovering Significant Patterns in M.E.	Y	DVD
2004				
2004-11-14	AGM Dr Peter Del Fante	October conference of the American Association of CFS in Madison, Wisconsin, USA.	Y	DVD