

NATIONAL  
**CHEMICAL INJURY  
AND SENSITIVITY**  
DAY

**PUBLIC HEALTH RALLY**

*RECOGNISING  
MULTIPLE CHEMICAL SENSITIVITY*

**WEDNESDAY 20 SEPTEMBER 2006  
12 MIDDAY – 1 PM  
PARLIAMENT HOUSE ADELAIDE**

Join us in acknowledging the progress made in recognising the needs of people with MCS in SA

- **MCS included in the Disability Action Plan for state government buildings**
- **MCS included in the Disability Action Plan for Adelaide City Council**
- **The Department of Health soon to convene an MCS Reference Group to:**
  - **Inform the debate on MCS**
  - **Develop MCS Hospital Protocols**
- **Implement herbicide No-Spray Registers with local Councils**

*Out of respect for people with multiple chemical sensitivity please avoid using perfume, after shave, essential oils and other fragranced products at this event*

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# MULTIPLE CHEMICAL SENSITIVITY

## A Silent Epidemic

MCS is a serious and growing public health problem that affects people of all ages, races and economic backgrounds. People with MCS are made sick by exposure to chemicals found in common products such as pesticides, perfumes, tobacco smoke, new carpets, air “fresheners”, new paint and building materials, and many cleaning and laundry products.

Symptoms of MCS vary from mild to life threatening and include headache, asthma, nausea, diarrhoea, fatigue, muscle and joint pain, dizziness, irregular heart beat and seizures.

MCS symptoms in children include attention deficit, hyperactivity and other learning and behavioural problems.

People with severe MCS are often diagnosed with Chronic Fatigue Syndrome.

## **Many people have developed MCS after a pesticide or solvent exposure**

In 2005 a Parliamentary Inquiry into MCS found that 15,000 people in SA have been diagnosed with MCS.

Many of these people have been permanently disabled. MCS has no cure but symptoms can be prevented. Avoiding toxic chemicals is essential for a healthier environment.

## **Prevent MCS - Demand Clean Air**

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