

# 'Southern Chronic Illness Links Network'

## Jan-Feb 2010 Reminder of our meetings/activities

"People should be empowered to promote their own health, interact effectively with health services and be active partners in managing disease".

World Health Organisation

Jan	Date	Where	Activity
	Mon – Friday by appointment	Office	Daily phone line and volunteer work programs
Week 1		Office	Peer Training/Work Skills/administration
Week 2	Thursday 14 <sup>th</sup> @ 1pm	Noarlunga Health Village	Noarlunga Wellness Network
	Thursday 14 <sup>th</sup>	(08) 8358 6086 1-3.00pm	FMS Advisor on-line
	Friday 15 <sup>th</sup>	By appointment	FMS/ME/CFS Service Improvement group
Week 3	Wednesday 20 <sup>th</sup>	Office 10am - RSVP	FMS/ME/CFS Collaboration Network
	Thursday 21 <sup>st</sup> @ 1pm	Corner Café Oaklands Park	Marion Café Club
	Friday 22 <sup>nd</sup>	Office 10am -RSVP	FMS /Pain Collaboration roundtable
Week 4	Wednesday 27 <sup>th</sup> @ 12 noon	Seaford Town Square Café	Seaford Café Network
<b>Feb</b>			
Week 1	Mon – Friday by appointment	Office	Daily phone line and volunteer, Peer Training /Work Skills work programs
	Thursday 4 <sup>th</sup>	Office 10am - RSVP	Volunteer works/TAFE/training strategic planning
	Thursday 11 <sup>th</sup> @ 1pm	Noarlunga Health Village	Noarlunga Wellness Network
	Thursday 11 <sup>th</sup>	(08) 8358 6086 1-3.00pm	FMS Advisor on-line
	Friday 12 <sup>th</sup>	Office 10am --RSVP	FMS Service Improvement group-
	Thursday 18 <sup>th</sup>	Office 10am-- RSVP	ME/CFS Collaboration Network
	Thursday 18 <sup>th</sup>	1pm at Corner Café	Marion Café Club
	Friday 19 <sup>th</sup>	Office 10am - RSVP	Website meeting
	Wednesday 24 <sup>th</sup> @ 12 noon	Seaford Town Square Café	Seaford Café Network
	Thursday 25 <sup>th</sup>	Office 10am -RSVP	Combined network summit

2010 is up and running. The first 8 weeks are especially busy as we finalise the service and care programs prior to the State election policy and funding changes.

The FMS/ME/CFS and persistent pain services we are requesting on your behalf are based on the information provided during the last 10 years of action research surveys, focus groups, client assessment and those many feedback forms. This includes what best helps you live well with your chronic condition and the gaps you have advised that have caused you problems.

**We are still looking for people to help us on a short-term basis between now and March 12<sup>th</sup> as we finalise the self management programs and the services available across Adelaide for the 8 parts of the Australian Integrated Services program. Together we can make a difference!**

If you would like to participate in this very short term activity please phone the office on 8358 6086 or email [bpprojects@telstra.com](mailto:bpprojects@telstra.com).

**Thank you,**

Cathie Powell.  
Chairperson and Programs Coordinator  
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